Time to
SPRING CLEAN
Your online information

To stay cyber-safe, it is important to regularly clean up and organize your digital life. Minimize the risk of online accounts being breached by updating your passwords, enabling two-factor authentication when possible, and monitoring your accounts for suspicious activity.

90%
of cyber attacks start with a phishing email.
(source: Cofense)

The average user has
OVER 80
online accounts
(source: Dashlane)

80%
of data breaches involved the use of stolen or weak passwords
(source: Verizon Data Breach Investigations)

60%
of people use the same password for multiple accounts.
(source: Google)

The average person spends
7 HOURS/DAY
on electronic devices
(source: Nielsen)

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